



Dear Friends of the Arts,

From time to time, the Arts Council is fortunate to participate in something truly incredible. Our collaboration with Set Free Monterey Bay has been nothing short of magical. Set Free Monterey Bay is a Christian organization established to assist adult women (ages 18 and over) sex trafficking survivors to find healing in a Christ-centered, restoration home and to educate the Monterey Bay community about human trafficking.

Jess Ansberry, a Teaching Artist with the Arts Council, spoke with us about her experience teaching at Set Free Monterey Bay. In the video linked above, she explains her experience meeting Set Free Monterey Bay's client for the first time, building trust with her, and just how beautiful the environment they've created at their safe house is.

In our conversation with Jess, we got to learn about all her experience teaching Art as Healing at Set Free Monterey Bay and how she is able to truly customize the content of the curriculum specifically to what the client is interested in. With only one client currently in their program, Jess is able to dedicate all of her attention to her and tailor her lessons specifically to the needs or interests of the client. Because of this, the client has gotten comfortable around Jess and has leaned into the healing aspect of creating art. Jess describes this process as, **"a stream of consciousness that flows when you are painting."**

We are so grateful to facilitate this incredible opportunity for healing through the arts. With your support we can continue to partner with various community organizations who could benefit in similar ways. Please consider donating to our [MC Gives!](#) Campaign in our final week of fundraising to support our Arts as Healing Program!

Donate Now

All donations are matched by MC Gives! so your donation goes even further through this campaign.

