



Dear Friends of the Arts,

The Holiday Season has definitely kicked in, and I hope you all had a wonderful Thanksgiving with family and friends! I know this time of year is joyous in so many ways but it can also be a difficult time for many who are struggling with mental health. There are many creative ways to help overcome the holiday blues and make the season less challenging:

- 1) Write - journaling can help deal with emotions and lessen negative feelings;
- 2) Paint, sketch, play music - sign up for those piano or drum lessons you've always wanted;
- 3) Take up needlepoint or knitting. Crochet a sweater or some socks. Make a quilt!

And don't you always feel better when you help others?

- 1) Assemble and distribute art kits for local students, including paper, paint, brushes, crayons, etc., so they can create art over the school break;
- 2) Visit and bring a small gift to an isolated senior citizen - social isolation is one of the biggest predictors of depression, especially during the holidays;
- 3) Donate your time - volunteer as a family at your community's food bank this season, or find another opportunity to give back together in your community.

After many years, especially since the pandemic, we have seen how the arts heal our most vulnerable residents, and if you see the value in our [program](#), please show your support by donating through [MCGives](#) until December 31st.

Happy Holidays to all!

Warmly,

*Jacquie*

Jacquie Atchison  
Executive Director  
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[jacquie@arts4mc.org](mailto:jacquie@arts4mc.org)



## Support Arts as Healing Programs!



*"The impact of your gift can last a lifetime."*

[Donate Now](#)

Your feedback is important



BusinessWorks is a free professional development workshop series which teaches artists business skills necessary to help them promote their art business. In the past several years, we've covered topics like grant writing, marketing and social media support, advancing social equity through the arts, setting up a virtual gallery, and more.

**What topics are most important to you as an artist, arts organization, business owner and community member?**

Please complete the brief survey so we can best plan for the 2023 workshop series. <https://forms.gle/CYiqTghgi956hN9XZ>. Thank you!

## 2023 Poetry Out Loud Kick-Off



The Arts Council for Monterey County has partnered with the National Endowment for the Arts, the Poetry Foundation and the California Arts Council to support 2023 Poetry Out Loud, a FREE high school program which encourages the nation's youth to learn about great poetry through memorization and recitation. This dynamic program helps high school students master public speaking skills, build self-confidence, learn about their literary heritage, and compete for more than \$100,000 in awards.

**IMPORTANT DATES:**  
School Registration Deadline: December 1, 2022  
Monterey County Competition: Saturday,  
February 4, 2023 at 1:00pm

For more information, please contact Karyn Lee-Garcia, Programs Director, at [karyn@arts4mc.org](mailto:karyn@arts4mc.org).

## Grants Now Available to Nonprofit Organizations

Are you a small or emerging art organization seeking support for public arts and culture projects or programs? We have the grant for you.

[Apply Now](#)

Es una organización de arte pequeña o emergente que busca apoyo para proyectos o programas de arte y cultura pública? Tenemos la subvención para usted.

[Aplique Ahora](#)



## Opportunities for Teaching Artists



Are you interested in becoming a teaching artist to empower and support Monterey County youth?

We are seeking Visual Arts, Dance and Music teaching artists for in-classroom and virtual opportunities for the 2022-23 school year. Please submit a cover letter, resume, lesson plan sample and examples of student projects or personal portfolio to Karyn Lee-Garcia, Programs Director, to [karyn@arts4mc.org](mailto:karyn@arts4mc.org) with subject line "Teaching Artist". The position is open until filled. **NO PHONE CALLS PLEASE.**

## Events/Happenings

December 2nd - 10th: [A Christmas Carol, The Musical at ARIEL Theatrical](#)

December 5th: [Monterey County Poet Laureate Presents: First Mondays Open Mic @ The Hem Nutrition](#)

## Call to Artists/Auditions

December 5th: [Big Books of Wonder at the Pacific Grove Museum of Natural History](#)

December 5th: [Monterey Museum of Art seeks Artist for Public Art Commission](#)

January 31st: [2023 k-12 Coastal Art and Poetry Contest](#)

## Grants & Scholarships

Ongoing: [Free Video Tutorial Grant Writing for SucceSS](#)

## Art Directory

Did you know... The Arts Council for Monterey County has an arts directory that allows you to quickly find all types of arts classes throughout Monterey County?

- [Art Studio Monterey](#)
- [Pacific Grove Art Center](#)

Click [here](#) to add your own organization, or update your existing directory listing, to help others find you.

**B E C O M E A**

**G M**

Give • Every • Month

Our monthly donors ensure we can continue our work to help the arts thrive in Monterey County!

Join a community of people who believe art has the power to change lives for the better.

[WWW.ARTS4MC.ORG/GIVE-EVERY-MONTH](http://WWW.ARTS4MC.ORG/GIVE-EVERY-MONTH)

**THE LEGACY CIRCLE**

Support the arts in Monterey County for future generations!

If the arts have made a difference in your life, you might be the perfect candidate for a legacy gift.

[WWW.ARTS4MC.ORG/PLANNED-GIVING](http://WWW.ARTS4MC.ORG/PLANNED-GIVING)



Thank you to the County of Monterey and the Board of Supervisors for the ongoing support of the Arts Council for Monterey County's efforts to strengthen and broaden the County's economic base.